

## A COMPARATIVE ANALYSIS OF EFFECTIVENESS OF LEARNER-CENTRED AND TEACHER-CENTRED METHOD

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**Abstract.** There has been a lot of debate in the education field about the differences between teacher-centered and student-centered teaching. Each approach has its own advantages and disadvantages. Teacher-centered method refers to the traditional educational approach where the teacher is the main authority. On the other hand, student-centered learning encourages students to take an active role in their own learning and focus on their own needs. This comparison and contrast of the two approaches examines the advantages of each.

**Key words.** Teacher-centered method, student centered method, encouragement, comparison, approaches, learning environment, concentration, self esteem, mutual understanding.

The term teaching method refers to a wide range of classroom management strategies used in teaching. Your choice of teaching method depends on what suits you, your educational beliefs, the statistics of your learners, and your teaching mission. Teaching methodologies can be grouped into two main approaches: a teacher-centered approach and a student-centered approach. Through these different approaches teachers can gain a better understanding of how best to approach teaching and learning in their classrooms, perform instruction, and connect with students.

Nowadays, the priority of education is not to transfer knowledge but to learn how to learn. This means creating a learning environment where students take responsibility for their own learning. As a result, it is suggested that student-centered approaches to education are more effective than teacher-centered approaches in most colleges and universities. This is because student-centered approaches shift the responsibilities of learning and teaching to the students, promote active learning and participation, and create a more balanced power between teachers and students.

However, according to Mascolo[2; 3], traditional education, also known as teacher-centered education, places the primary authority figure and primary source of knowledge inside the classroom on the teacher. This type of education is focused on

the teacher and the instructor. Students are expected to acquire knowledge not only through lectures but also from other methods of information dissemination. It is the responsibility of the students to extract meaning from the information delivered by the teacher. While the instructor develops lesson plans and evaluations, it is up to the students to carry out these plans and assessments. Student-centered education places an emphasis on satisfying the needs of the student and developing their interests and areas of specialization. The role of the teacher in this approach is seen as that of a facilitator or guide for the active participant in the student's learning process.

There are different approaches to teaching and learning, and both teacher-centered and student-centered methods can be effective. Traditional methods, such as textbooks and lectures, have been used for centuries and are mostly teacher-centered. However, new methodologies, such as using computers, multimedia, and online courses, are gaining popularity due to advances in technology. These new approaches have their own advantages and disadvantages. For example, computers make learning more interesting and allow students to work independently, while multimedia and projectors can enhance learning and reduce the need for traditional teaching tools like chalkboards and wall charts. Various online courses from anywhere in the world provide a fast and feasible approach to many students for increasing their capabilities and skills. Computers can never replace a good mentor, who always has a big role in personality and character building of the students and making them good human beings. Traditional teacher-centered technique is unique in having the role of tutor in the provision of proper guidance and supervision, the opinions of teachers on the basis of their own experiences in their fields of education are such noble thing which no multimedia or computer can provide to the students.

Teaching and learning can be effective whether the focus is on the teacher or the student. Both approaches are equally important. With a student-centered approach, students have the chance to learn and develop their own understanding of the material. They set their own goals and assess their own progress, while the teacher's role is to create an environment that supports and encourages student participation. There are many opinions are available among people about creating an environment which could be useful for learners to study more effectively and efficiently. For instance, Anderson, et al. [1; 84] stressed the importance of creating a learning environment in which students see themselves as teachers and educators continue to be the learners, while Shively [4;179] argued that teacher-centered classrooms should be redesigned to take into account modern learning theories. This environment helps to students for developing as creators, thinkers, and planners of their own education.

According to Sharon[3; 21], students might succeed academically when they get encouraging feedback from lecturers during teacher-centered teaching methods like lectures. Some methods of instruction and learning are consistent with behaviorist

philosophy. These include, for instance, memory and the encouragement instructors provide their pupils when they demonstrate proficiency. Additionally, according to Sharon [3; 29]"teachers who have learners engage proactively in the class discussion have greater academic achievement among students. However, there are a number of drawbacks associated with education that is concentrated on the instructor. The inability to acquire abilities in analytical reasoning and methodical approach to problem-solving is one of the primary complaints that is leveled at this methodology. Students are often seen as passive consumers of knowledge, and they are not encouraged to investigate, discover, or develop their own unique understanding of the subject matter. Additionally, there is a lack of active participation on the part of the pupils in the learning process. This may cause the pupils to get disengaged in the learning process and lose their desire as a result.

In order to know about which type of education method is better and helps to get more achievements, different questionnaires done and one of them is a questionnaire that is done by Anvar M, Khademi S, Meshkibaf MH, Fereidouni Z, Ebrihami A who are the professors of medical college of Iran. When a questionnaire was prepared for medical and nursing students, it consisted of several question such as, students' concerns, understanding of the subject, concentration, self esteem, mutual understanding, use of textbooks and references, study time, and innovation. The questionnaires were given to students after completing the general psychology lectures. The study showed that students had higher achievements, when they had confidence in themselves and when they attributed success to their own abilities. In general considering students marks given to both type of lecturing, the effect of teacher centered method on some aspects of learning such as understanding , motivation , concentration , was more than students centered method .However this difference was only significant for understanding of the subjects. The effect of student centered approach on other aspect of learning such as self esteem, mutual understanding, use of references, study duration, innovation and study attitude was more than that of teacher centered approach, and these differences were significant for mutual understanding and use of references. Learning is most meaningful when topics are relevant to the students' lives, needs, and interests and when the students themselves are actively engaged in creating, understanding, and connecting to knowledge.

In conclusion, there are benefits and drawbacks to both student- and teacher-centered education. Student-centered education may be more interesting, encourage higher motivation, and result in deeper learning and information retention, whereas teacher-centered education can be useful for passing down fundamental knowledge and skills. However, the best strategy will rely on the requirements of each student as well as the learning environment in which they are good. It's important to note that the most effective instructors combine the two techniques in their lessons. More efficient and

comprehensive education may result from combining teacher-centered and student centered approaches. It encourages students to actively participate in their own education while simultaneously offering them a structured learning environment. This method may support the growth of collaborative and critical thinking abilities while fostering the different requirements of all pupils. Combining these two approaches will help students learn more effectively since doing so in a systematic manner will not only foster a positive learning environment but also enable them to build the skills they need for future success.

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