

METHODS OF USING SILENT KOVRAK

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Annotation. In this article, the medicinal plants will be able to enrich the knowledge of the medicinal properties of sassiq kovrak, teach the methods of their correct use, Form practical skills. We can learn how to make home decoctions and decoctions from silent kovrak.

Basic concepts. Leaves, ground part of the plant (grass), shoots, pods, flowers, fruits and seeds, underground organs (roots, rhizomes, tubers and onions).

Apiaceae, growing to 1 m tall. After 8-9 years, the stem will be released. The STEM is erect growing, large, the upper part is branched. The stem leaves are arranged in three slices, banded, elongated or lanceolate. The leaves on the STEM are crumbly, several times the patchwork is sheared, set in a row with a vagina. The pale yellow, five-lobed flowers are collected in a complex umbrella inflorescence. The fruit is a double pistachio. Blooms in March-April, the fruit matures in April-May.

Geographical distribution. Sassiq kovrak grows in steppes, barefoot areas, sandy deserts, soggy soils in Central Asia, sometimes on mountain steppe plains.

Applicable part. In medicine, sassiq is used in glue — asphetide, which is obtained from the root of kovrak. The root circumference of the plant that has not released a stem to get it is deep it is harvested and a little space is cut off from the top side of the root. The glue that flows from here is harvested after hardening to the next day.

Chemical composition. The root of slush kovrak contains up to 67.31% starch and 9% Tar, up to 0.4% essential oil. The asphetide from the root contains 9.35-65.15% Tar, 12-48% glue, 5.8-20% essential oil and other compounds (umbelliferon coumarin, ferulaic acid and its esters formed with tar alcohols). The essential oil of glue-tar contains organic sulfides (up to 65%), pinene, π -oxycoumarin and other compounds that give the plant a garlic smell.

Use. The glue-Tar of sassik kovrak has long been used among the people for the treatment of various diseases. Abu Ali ibn Sina used this glue-tar as a remedy for diseases of the stomach, kidneys, spleen, liver, as well as for suppressing blood flow from the uterus, as an appetite suppressant, as a ureter, as a pain reliever in sore joints. In folk medicine, slurry glue-tar is used for the treatment of vascular tightness, pulmonary tuberculosis, plague, syphilis, pertussis, toothache, nervous disorders, as well as as a powdery, expectorant and vomiting drug. The young branches of the Husky kovrak are mowed, mixed with yogurt, and dangerous tumors and poison are treated. Glue-tar is used in medicine for asthma, vascular friction and nervous disorders, as well as nastoyka and emulsion.

Horsetail Torondoshes is a perennial herbaceous plant in the family Polygonaceae, growing to 60-150 cm tall. Its roots are harvested in the fall - after the top of the Earth dries up, cleaned of soil, washed with water and cut into small pieces, dried in the open air - in the sun. The root contains up to 4% anthracene derivatives with 8-15%

additives, flavonoids, 0.19% essential oils, Tar, vitamin K and other substances. Root decoction and powder are used to treat dysentery, colitis, enterocolitis. Medicinal preparations of sorrel have the property of constipation in a small dose, constipation in a large dose.

RESEARCH RESULTS

To prepare a decoction from the stem of the Husky kovrak, 2 tablespoons of chopped and dried stems are placed in boiling 1 L of water and boiled for 15-20 minutes. In early spring, the young plant of the slush kovrak is cut off from the root neck and thoroughly washed. Finely chop the clean plant, mix in diluted yogurt and feed to children with vomiting. In order to deepen the theoretical knowledge gained about medicinal plants, the underground parts of which are used as raw materials, in the practice lesson, attention is paid to the stems, branches, twigs and leaves of their herbarium.

Conclusion

Root decoction and powder of these medicinal plants are used to treat dysentery, colitis, enterocolitis and other gastrointestinal diseases. Medicinal preparations of sorrel have the property of constipation in a small dose, constipation in a large dose. It is widely used in the field of Pharmaceuticals. Sluggish Crackle is used in folk medicine for the treatment of vascular pulling, pulmonary tuberculosis, plague, syphilis, pertussis, toothache, nervous disorders, as well as as a powdery, sputum-displacing and vomiting drug, and other types of products made from it are also widely used.

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