

## THE RISK OF REPRODUCTIVE LOSS AND MORPHOFUNCTIONAL CHANGES OF THE PLACENTA

Rozikova Dildora Kodirovna

Bukhara state medical institute, Bukhara, Uzbekistan

Miscarriage is a significant cause of reproductive losses in early pregnancy, with 20-30 million abortions reported worldwide annually [3, 4]. Literature suggests that 25-30% of pregnancies end in miscarriage [2, 3]. Some studies associate miscarriage with diverse infectious pathologies, emphasizing the increasing role of conditionally pathogenic microorganisms, viral infections, sexually transmitted diseases, and fungi. Notably, cytomegalovirus infection is implicated in early miscarriages [1,3]. The etiology and pathogenesis of recurrent abortions and non-developing pregnancies are still under study, with the theory lagging behind the practical needs of medicine [5].

**Research Objective:** The aim of this study is to investigate the pathohistological characteristics of the placenta in cases of early pregnancy loss (up to 10 weeks).

**Materials and Methods:** An analysis of 200 placental studies related to early pregnancy loss was conducted. Women were categorized into four age groups: Group 1 - under 20 years, Group 2 - 20-29 years, Group 3 - 30-39 years, and Group 4 - 40-49 years. Considering parity, two groups were identified: Group 1 - primiparous to triparous, Group 2 - four or more pregnancies. Placental examination was performed using histological methods, and staining was done with hematoxylin and eosin.

**Results of the Study:** Histological examination categorized results into four groups: inflammatory processes, non-developing pregnancies without signs of inflammation, degenerative changes, and molar pregnancies. Inflammatory processes included deciduitis, deciduoendometritis, placentitis, and villitis. Non-developing pregnancies comprised cases without signs of inflammation or apparent specific causes. Degenerative changes involved decidual tissue edema, vacuolar degeneration, decidual tissue necrosis, hemorrhages, ischemic processes, immature chorionic villi with edema and degeneration, and proliferation of cytotrophoblast and syncytiotrophoblast. Molar pregnancies included simple hydatidiform mole.

When analyzed by age, Group 1 (under 20 years) showed 83.3% with inflammatory processes and 16.6% with degenerative changes out of 12 cases. In Group 2 (20-29 years), out of 142 cases, 54.2% had inflammatory processes, 37.3% had degenerative changes, and 7.04% had non-developing pregnancies. Group 3 (30-39 years) exhibited inflammatory processes in 69.2% of 39 cases, with 23.1% having degenerative changes. Group 4 (40-49 years) demonstrated inflammatory processes in 71.4% of 7 cases, with 28.6% showing degenerative changes.

When grouped by parity, Group 1 (primiparous to triparous) had 75.5% of the cases, and Group 2 (four or more pregnancies) had 24.5%. In Group 1, inflammatory processes occurred in 62.9%, degenerative changes in 29.8%, non-developing pregnancies in 6.6%, and molar pregnancies in 0.6%. In Group 2, inflammatory processes were present in 69.4%, degenerative changes in 22.4%, non-developing pregnancies in 2.04%, and molar pregnancies in 6.1%.

**Discussion of Results:** Literature suggests that determining the causes of spontaneous abortions is challenging. In Russia, inflammatory causes are reported as the leading factor. In Uzbekistan, inflammatory processes also top the list. The combination of reasons for miscarriage is observed, and in many cases, it is challenging to distinguish between local inflammation with surrounding cell necrosis and inflammatory processes as secondary states arising from local cellular immunity disorders.

**Conclusions:** The highest incidence of pregnancy loss was observed among women aged 20-29 years (71%) and those with the parity of the first three pregnancies (75.5%).

Placental examination in early miscarriages revealed inflammatory processes (59.5%), degenerative changes (33%), non-developing pregnancies (5.5%), and molar pregnancies (2%).

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