

## HOW TO IMPROVE WRITING AND SPEAKING SKILLS

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Today, listening and speaking skills have crucial role both in daily life and in academic events as it important for to keep productive communication. Despite that importance of listening and speaking skills in the development, did not start to take its place in language teaching sphere during decades. However, in recent years, listening and speaking strategies are also started developing in its language programs. In addition there are various of perspectives to improve listening and speaking skills which helps to minimise the listening comprehensions and speaking challenges experienced by language learners. This literature review aims to review the basic concepts related to importance of listening and speaking skills in learning English as foreign or second language, it mainly focused on listening comprehension and listening challenges which experienced by second and foreign learners.

Improving listening and speaking skills can be accomplished through consistent practice and targeted exercises. Here are some tips.

### **1. Practicing Active Listening**

What Is Active Listening?

Active listening requires you to listen attentively to a speaker, understand what they're saying, respond and reflect on what's being said, and retain the information for later. This keeps both listener and speaker actively engaged in the conversation.

Active listening and reflecting, responding, and giving feedback aren't always easy. Here are some helpful active listening tips for managers.

Pay close attention to the speaker's behavior and body language to gain a better understanding of their message.

Signal that you're following along with visual cues like nodding and eye contact; ask clarifying questions to ensure your understanding.

Avoid potential interruptions — from technology (e.g., phone or email notifications) and from humans (e.g., knocks on your door).

At CCL, we help leaders go beyond basic active listening skills so that they're better equipped to truly listen to understand others — including the facts, feelings, and values that may be hidden behind the words actually being shared. At the

organizational level, training people how to listen more effectively helps provide role models for the next generation of leaders and builds a workplace culture of truth and courage.

**2. Engage in Conversations:** Seek opportunities to converse with others in your target language. This could be through language exchange programs, conversation groups, or simply chatting with friends.

Language exchange actively goes by many different terms— conversation exchange, intercambio, tandem. Regardless of which term you might be familiar with, they all have the same definition:

“Language exchange is a method of language learning based on mutual language practicing by learning partners who are speakers of different languages. This is usually done by two native speakers teaching each other their native language.” — Wikipedia

In other words, language exchange is the process of joining forces with someone, known as your language exchange partner, who is ideally a native speaker of the language you want to learn. Through a two-way process of direct communication and conversation, both learners are given the opportunity to improve their target language skills and proficiency while simultaneously fostering intercultural competence.

**Watch Movies and TV Shows:** Watch films or TV shows in the language you're learning. This can help improve comprehension and expose you to colloquial speech.

Learning a language is not just about rote memorization of vocab and grammar rules. The Babbel approach we recommend most often involves a balanced diet of language lessons, real-world practice and supplemental media like books, podcasts and movies for language learning. Movies aren't just for entertainment, after all. They also give you a cultural education that enriches your language comprehension. Movies also expose you to a more natural form of the language with authentic vocabulary and slang, and they teach you to connect words with associated body language.

### **3 Ways To Use Movies For Language Learning**

#### **Subtitles Are Your Friend**

There's an ongoing debate over whether you should watch movies with subtitles or with dubbed voice-overs. It's often referred to as the subs vs. dubs debate, and we stand firmly on the side of subs. Not only is the dubbing sometimes poor-quality, but it also kind of defeats the purpose of what you're trying to do. Subtitles are sort of like training wheels in the sense that they can help you find your balance in a new language, even if they're not meant to support you forever.

The purpose of this article was to review the basic concepts related to the place and importance of listening and speaking skill in learning English as second or foreign language, and to focus on listening comprehension problems and reading challenges experienced by English language learners. In the light of the aforementioned arguments, it can be stated that listening skills should not be disregarded in the

language classrooms and teachers should be aware of and should try to address and minimize listening comprehension problems experienced by the students. The following suggestions from two researchers can be help language teachers design and implement better listening lessons.

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