

## EFFECTIVE WAYS OF LEARNING ENGLISH

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**Abstract:** One of the most effective and easiest ways to learn English is to fully immerse yourself in the language. Start listening to English speeches or conversations. Watch a movie or TV show, or surround yourself with people who are conversing in English. To do this, find a radio station that speaks that language. Listen carefully to speeches and conversations and try to use the language every day. Not only will this help your listening skills, but you can also try to pronounce the words in context yourself to improve your speaking skills. With modern technology and applications, this can be done almost anywhere.

**Keywords:** immersing, speech, reading, writing, watching, applications, speaking skills, listening, pronunciation.

**Introduction:** What is the difference between effective and efficient? Let's say you had to travel from Rome to Paris; what means of transportation would you use? You could walk, run, ride a bike, drive a car, use a motorcycle, take a train, or fly (by plane). All of these methods of transportation are effective, they work; you will get there. But, which methods require the least amount of energy and accomplish the job in the shortest period of time? These methods are the most efficient. I am sure you would agree that traveling by plane is more efficient than riding a bike although Lance Armstrong might not agree.

Learning English can be broken down into two areas: input and output. Input consists of reading and listening while output consists of writing and speaking. Clearly, in order to have good quality output, you must have a lot of good quality input. Think of how long a child listens before beginning to speak. As adults, we are not going to wait two years before attempting to speak, but the more input we get, the more output we can produce. The same applies for reading and writing. The more you read, the better you write. I can even say that the more you read, write and listen, the better you speak.

My advice to all serious English learners is to approach your goal with a sense of urgency. That means you need to work effectively, but more importantly, you need to work efficiently. Based on my years of teaching and studying foreign languages, I have put together what I consider to be the most effective and efficient ways to develop each area of language.

### Reading

Learn at least five new vocabulary words every day. My suggestion is to use index cards with the word on one side and the definition on the other. Keep the cards in a box and review them frequently by saying the word and trying to give the definition. Keep the definitions as short and concise as possible. Five to seven words is best. If you learn five words a day, that's 1,825 words per year. Considering that the average high school student probably has a vocabulary of 5,000 to 6,000 words, in a few years your vocabulary should be sufficient enough to understand nearly everything written in English.

### Listening

Listen to talk radio. The objective of listening to English is to hear as many words as possible in as short a period as possible. The more times you hear a word, the better you will be able to use that word. There is no more efficient way to do this than talk radio. The vocabulary is very diverse and there are no periods of silence because unlike television, visuals cannot be used to keep an audience's attention. The key is to listen as often as possible. Maximize your time by listening to talk radio when doing other activities such as driving, walking, cooking, eating, getting dressed. If you can, try keeping the radio on while you go to sleep so it's the last thing you hear while falling asleep and the first thing you hear as you wake up.

### Writing

Keep a journal and write at least 500 words per day. By writing every day you will be reinforcing everything you have learned. It will also force you to question the accuracy of what you are writing. This process of intense concentration will help organize the vast array of information you have in your subconscious mind. Write about whatever you want, but be sure to challenge yourself with new vocabulary and various grammar structures.

### Speaking

Read aloud. Reading aloud allows you to practice perfectly. Remember that it is perfect practice that makes perfect. By reading aloud you are speaking grammatically perfect English. If you have a typical conversation, errors will be made. Not just for English learners, but for native speakers as well. If errors are repeated continually, it becomes increasingly more difficult to correct those errors. Also, you will be using vocabulary words that you would not normally use. In a typical one hour conversation, you might speak for 30 minutes with a number of errors, but if you read aloud, you can speak for one hour without any grammar mistakes using new vocabulary words.

Do these four things each day for one month and I promise you that you will be amazed at your improvement. There are no secrets to language acquisition, just a lot of hard work to accomplish something that will enhance your life forever.

Read everything in the language you are learning

From classical literature, magazines, newspapers, websites, e-mails, read the sentences written in a foreign language on the boxes of your products that are often used and consumed in your daily life, and of course try to understand, because you will learn new words and phrases. will encounter. This habit will help you improve your English quickly.

Subscribe to podcasts or YouTube channels (in English)

There are English-speaking podcasts or YouTube channels for you, with resources on humor, politics, blogs, cooking, and more, covering just about any interest. Subscribe to a few and make it a habit to listen to podcasts or watch videos at your leisure (including on the bus, subway, etc.). At first, it may seem difficult and boring to you, but if you try to listen carefully, you will soon begin to understand what you hear.

Listen to the song and sing along

Music is a great universal language! It can also be a powerful tool for converting a second language into a habitual one.

Listening to music with English words can help you better understand pronunciation, vocabulary and sentence structure. An interesting study found that listening to music in a new language can help you understand grammar rules more easily than when you first learned to speak it as a child.

There is no shortage of great, free music in English on the Internet. YouTube has an almost unlimited supply of music with subtitles, so you can sing along without missing a word. Besides:

The Lyrics Training app lets you practice your listening skills by creating fill-in-the-blank exercises from your favorite lyrics.

Your favorite song will not only stimulate your mind and give you a positive mood to learn English, but the lyrics will help you expand your skills.

Watch movies and series

Watching TV series is one of the best ways to learn English, but which shows are the best? According to a 2012 study by Kaplan, the five most popular tools chosen by students to help them learn English

Friends

How I Met Your Mother

CSI

House

The Big Bang Theory

Change your phone and social network settings to English

So, maybe you can understand the basics of English. Want to take it to the next level? Now is the time to learn the language as much as possible.



Most of us spend hours every day staring at our phones, wandering around aimlessly. Changing your phone settings to English is a very easy way to immerse yourself in the language.

Changing your phone settings will teach you some words that are very relevant to modern life that you don't need to look up on vocabulary learning websites.

When you start to learn more advanced aspects of learning English, it can be very interesting to share your thoughts and achievements with other people. Here are some great ways to connect with other students if you're homeschooling.

Find and join free social media groups for English language learners like Facebook, WhatsApp, and Telegram.

Do what you like in English

The best way to learn English is to practice it regularly.

Some people love learning English more than anything else, and learning the language is a source of pleasure. But most of us have other interests.

Think of something you like and try to find ways to do this exercise in English.

For example:

- Do you enjoy playing online video games? Join English-speaking platforms or set your device to English so that you're regularly introduced to the language every time you log in.

- Do you play team sports? Join an English-speaking sports team in your community. Even outside of English-speaking countries, groups of foreigners and locals can be found.

- Do you have another hobby like sculpture, yoga or music? Great! The same rule applies - find out if there is an English-speaking group near you with the same hobby and see if you can join them.

So you will learn English regularly while doing what you love. You'll be surprised how many languages you learn from your new friends!

#### Resources:

1. Five habits of effective English language learners | British Council
2. How to learn English effectively | Top tips on learning English – FutureLearn
3. How to Learn English Fast and Effectively | Grammarly
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