

«FOREIGN LANGUAGES IN THE FIELD OF PHYSICAL EDUCATION AND SPORTS INNOVATIVE METHODS IN LEARNING MULTIMEDIA AND INFORMATION TECHNOLOGY»

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Annotation: This article discusses innovative methods used in the study of foreign languages based on multimedia and computer information technology for students of the Uzbek State University of Physical Culture and Sports. It is also noted that the demand for the introduction of new methods is high, in contrast to the usual methods used in education. The relevance of the use of new innovative methods and the problems of their integration into the educational process were also discussed. The role of the teacher in the updated learning process with innovative methods is described.

Keywords: innovation, multimedia, motivation, active participant.

As a result of research conducted in the field of pedagogy over the past period, the problem of creating innovative methods for the teaching process has not lost its relevance. As a result, Methodist specialists are conducting research on the analysis of existing methods and teaching technologies, their rapid adaptation to the requirements of modern real life, as well as rapid innovative approaches. Negotiations are also held regularly on how to conduct the process of teaching foreign languages in modern educational institutions. While on the one hand, teachers advocate the preservation of traditional teaching methods, on the other hand, many educators are voicing their views on a complete overhaul of the system. In addition, third-party educators are proposing a combination of traditional and modern teaching methods. In view of this, it should be noted that changes in education require relevance.

These changes are inextricably linked to a number of factors. These are the requirements for the ultimate goal of language learning, modern student psychology, as well as the rapid development of information technology, the main focus of which is the environment. Based on the above factors, it is necessary to take into account the convenience of modern students to receive new information through computer information technology. Systematic use of computer technology allows to enrich the process of learning foreign languages with different information and create an interesting environment for students. The available multimedia capabilities in computer information technology can provide an opportunity to go beyond the established boundaries in the course of the lesson and ensure continuity. In some cases,

the full use of these multimedia opportunities has led to an increase in interest in learning foreign languages. Based on this, there is a need to reconsider the traditional methods of teaching foreign languages in educational institutions in connection with the development of science and technology. At the same time, the process of introducing new innovative methods will be enriched with multimedia and Internet technologies. In addition, it is recommended that students learn foreign languages using computer information technology, which makes up 40-50% of the curriculum.

Such rapid changes increase the role of the student during the lesson, in addition to providing opportunities for new innovative methods, the use of computer technology during the educational process. However, the use of multimedia and computer technology has a number of drawbacks that require additional skills from teachers. Otherwise, the labor expended and the low level of results will be incompatible.

Teaching foreign languages using computer technology involves a number of factors: Authentic materials - clips, flash animation, webquests, podcasts, news and other multimedia devices; Online environment - in this environment students have the opportunity to communicate with representatives of foreign languages via e-mail (text computer editors, social network, voice and video conferences); Language learning tools (online programs and applications) - they can learn phonetics It is used in the correct pronunciation of words, lexical units, grammar and sentence analysis.

In addition, there are a number of special tools and study guides for teachers and students to use computer technology to teach foreign languages. The most widely used of these for foreign language teaching are: course management system (CMS); interactive whiteboards; electronic Portfolio (electronic archive of student work created by students); case (set of authentic materials, oral, written and other forms); electronic dictionaries; electronic annotations; smart learning systems; grammar error checking programs; automatic speech recognition and phonetic programs (ASR); virtual games; chats (synchronous computer communication: in text or audio form); social networks; bolts; internet forums or data board.

Let's look at how computer technology enhances the process of learning foreign languages. The effective use of computer technology and the achievement of goals depends on how they are used in the teaching process. In this case, we can identify two types of use of computer information technology in foreign language teaching. The first type allows them to supplement, enrich (assess the process) the traditional methods used in the process of teaching foreign languages, making the process faster, easier and more impactful. The second type offers innovative ways of learning and teaching foreign languages. It takes students' learning levels to a much higher level than traditional methods.

Kongrith and Maddux (2009) noted that the use of innovative methods in teaching has the following characteristics:

Correlation of computer and learner movements;

The learner, not the teacher, is responsible for the on-screen learning process of the program;

Encourages the learner to think creatively;

Makes it easier to find solutions to complex tasks.

In addition, another factor influencing the results of the use of computer technology in the classroom is the form of interaction with students. There are three types of interactions: between students and the materials being studied, between students and teachers, and between students.

What results can be achieved through the use of computer technology? Although the impact of the use of computer technology in learning foreign languages has not been sufficiently studied, it is certainly possible to talk about the positive effects of their use. After reviewing all available information, we can conclude that as a result of computer-assisted learning technologies and systems, students are able to demonstrate their achievements in speaking, reading, comprehension, working with dictionaries, grammar, and fluency. In addition, computer-based curricula provide better monitoring and evaluation of student performance. Computer-based learning manuals allow the teacher to perform his or her duties, as well as to evaluate, monitor, and debate. Such a system typically consists of four components: an interface (platform), a basic model (subject and information that the student needs to master), a student model (student's current level of knowledge), and a teaching model (provides control and is a set of instructions based on the difference between student model and model). Computer-assisted pronunciation training (CAPT), i.e., automatic speech detection (ASR), can accelerate pronunciation improvement and provide much more effective control than provided by the instructor. This program provides relief for students so that they can suppress their excitement as a result of practicing independently. Learning through digital electronic games (DGBL) enhances students' skills. The form of learning based on games makes the learning process more interesting and can create an environment where skills have a common context. In addition, game-based learning develops critical thinking skills through the ability to solve problems independently and participate in the process. Communication (communication using computer technology) improves speaking skills, expands vocabulary, increases attention (in order to achieve a satisfactory result, the student pays more attention to receiving information that he does not know enough or does not know at all) and concentrates on the form of information (comprehension or pronunciation) can focus on the syntactic or structural construction of language to perform tasks such as). Text-based computer communication (CMC) increases attention to linguistic forms of words, which can increase the focus on language errors and linguistic phrases in order to remember words and perform written tasks. In addition, asynchronous and synchronous communication through computer

technology has also been proven to be useful for developing communication in a foreign language. E-dictionaries allow students to search for more words in the time they gain while allowing them to complete assigned tasks faster. While the use of electronic dictionaries does not improve the student's skills, it can speed up the comprehension process. The advantage of online audio and video multimedia resources is that students can use them even outside the classroom, which in turn prolongs the study time and provides enough time for independent study and practice. Students will be able to study the study materials at a time and atmosphere that is convenient for them. In addition to improving students' skills in the classroom, these students may be able to stay away from the fear of making mistakes when completing assignments.

In addition to the above, the use of computer technology in the educational process has a number of advantages. Among these, the most comprehensive is Motivation and Confidence, which provides sample opportunity for the learner. Studies have shown that students prefer to use computer technology more than traditional methods used in the educational process. In addition, as a result of the widespread use of computer technology, students devote much of their time to the learning process and are more positive about the learning process. Students find the use of computer technology more appealing and get used to computer technology faster than the teacher.

The use of computer technology not only eliminates students' sense of fear, but also creates an environment free of the assessment process for the tasks they have completed. In it, students can feel free and enjoy the learning process. Online and video resources stimulate interest in a foreign language and provide an attractive and unique approach to the learning process, as well as a positive attitude of students towards language materials.

In addition to a foreign language, students will have the opportunity to learn a foreign culture. Knowing a foreign culture allows you to communicate with other cultures using computer technology. There are a number of text and video applications and programs that allow you to communicate with foreign speakers using computer technology. In the study of foreign languages, not only language skills, but also the culture of international cultures develops, which in turn allows you to communicate with people of different nationalities.

From the above, it can be seen that language learning through the use of innovative computer technologies can develop much more knowledge and skills in a student than existing traditional language learning and teaching methods. The use of computer technology allows the student to independently study, independently choose the level of study of the available material, independently select and complete the tasks required to achieve the specified learning objectives, as well as the time and place of a number of exercises.

Written actions performed through e-mails and other computer technology can not only be selfsupervised by the student, but can also be reworked independently until the written assignments are completed. In addition, students will be able to speak, behave independently and freely throughout the written assignment process.

As modern innovative technological methods of learning foreign languages develop, specialists will need to decide how to combine them with traditional methods. Language learning using computer technology should be part of a mixed education that includes both formal and informal methods. The auditor may be able to provide extracurricular activities for students as a result of limited class hours. This requires computer technology and inter-resources. There are a number of materials that can help you learn foreign languages independently. These include tasks based on rebuses, puzzles, and games. Dictionaries allow you to quickly read and understand existing texts. This in turn allows students to quickly and easily find the lexical meanings of words. Given e-assignments can enhance grammatical and lexical knowledge and skills. Based on this, it can be concluded that computer information technology can provide a great opportunity to learn foreign languages, which should focus on the correct and effective use of computer technology by both teacher and student. Also, the use of computer technology serves as a pure motivation for students to learn foreign languages. Given the advantages of all of the computer technologies listed above in the use of foreign languages in teaching and learning, it should be borne in mind that the achievement of the desired result from the learning process does not depend solely on the proper use of computer technology. It must be controlled according to the rules of constructivism. The student who studies it is a non-passive consumer of the knowledge they receive and is their active creator. Only through the active participation of students can external information be transformed into their own solid personal knowledge and skills. Such legal rules should be the basis of multimedia education.

In order to achieve the necessary success in the effective use of computer technology in the teaching of foreign languages, first of all, teachers need to be able to demonstrate their superiority during the lessons, as well as to be proactive. And they should not only be able to use multimedia tools to the fullest extent possible with the help of computer technology, but also be able to make suggestions on the problems that arise. If the teacher learns new innovative methods, generalizes the existing experience, multimedia can provide an opportunity to make significant changes in the study of foreign languages, as well as to achieve great success.

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