

## THE BEST WAYS TO IMPROVE SPEAKING

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**Annotation:** In this article, there is information which is about the ways to improve your speaking. It is about the apps, books and ways to improve it. There are also the examples of apps, ways that are proven. From learning these techniques you are going to boost your speaking level.

**Key words:** learning techniques, boost, tongue twisters, sentence structures, record, native speaker, overcome fear,

English is the world's most studied language — around 20% of the world speaks English. Knowing how to speak English can open new life possibilities: from traveling more easily to communicating with more people, and even getting better jobs. It also means that you can study higher education at some of the world's top institutions, including the University of the People's online programs, which are tuition-free! If you are looking for advice on how to improve english speaking skills, there are plenty of methods and techniques.

How to improve your spoken English: 6 tips

### 1. Speak, speak, speak

Let's start right off by saying that there isn't a magic pill for better speaking. That would be too easy, right? Basically, the best way to speak better is to, well – speak! Commit to practicing often and with as many different people as possible. Do you already live or study overseas? Take advantage of the thousands of native speakers in your immediate community, such as your friends, their families, your coworkers, classmates, employees at the coffee shops, supermarket, post-office and other places you visit.

### 2. Reflect on your conversations

After your conversation is over, take a moment to reflect. How did it go? How much do you think you understood? How comfortable did you feel with that subject matter? Did you encounter any unknown words? The mere act of thinking about it in this way will increase your confidence for the next time you speak (and give your targeted things to work on, for example vocabulary you didn't understand).

### 3. Listen and read

You need words in order to talk, right? Class time is great for learning vocabulary, but there are other ways you can increase yours: Watch movies, listen to music, the radio and to podcasts. Read books, magazines and blogs. When listening and reading, find new and interesting expressions, slang terms and synonyms, write down this new material and look up anything you're not familiar with.

#### 4. Prepare cheat sheets

Part of nervousness around speaking is the feeling of not knowing what to say. To combat this, prepare a cheat sheet. Are you going to the doctor's? Before your appointment, research vocabulary relating to your condition and some common phrases you'll probably need. Use the technique before going to pay a bill, eating at a restaurant, job interviews, making a complaint, or for any other situation that might make you anxious.

#### 5. Pick up the phone

Most people find phone conversations particularly challenging. Why? Because on the phone, we can't see the other person's body language or watch their mouth move, both of which are tools that really help communication. To feel more confident on the phone, start small with phone conversations with friends – then move on to more challenging calls like making appointments or inquiries.

#### 6. Record your voice

We know, we know – most people dislike hearing their voice recorded – but it's actually an extremely beneficial way to improve your speaking! Hearing yourself on tape shows you things you might not realize (maybe you tend to speak quickly when nervous, swallow your "s's" or mumble). On the other hand, you could be pleasantly surprised to hear that your speaking is far better than you thought! For bonus points, take your recording to your teacher or to a native speaker friend and have them give you feedback

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