

GENDER EDUCATION IN A BOARDING SCHOOL

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Abstract: This article will focus on the gender education of teenagers in a boarding school.

Keywords: gender education, adolescents, personality, training of adolescents in boarding school, gender equality.

Currently, gender education is of particular importance. The relevance of this pedagogical problem is due to the change in cultural stereotypes of masculinity and femininity, social and gender roles in modern society. Gender education is a complex and lengthy process that affects the problem of socialization of the individual.

Gender education plays a special role in the formation of the personality of teenagers who are in boarding school. In modern society, we still face a lot of stereotypes and prejudices about gender, which can have a negative impact on young people. Boarding school teenagers are often deprived of the opportunity to experience various social roles and experiment with the expression of their individuality, which may make it difficult for them to develop as individuals. In this article, we will consider the importance of gender education for boarding school teenagers and offer practical methods of its implementation in order to help them reach their potential and achieve emotional well-being.

Gender education plays an important role in shaping the personality of adolescents, especially those who live in boarding schools. This article will consider its significance and benefits for the development of adolescents.

In residential settings, gender education helps adolescents to understand their role and place in society, as well as to realize that each gender has its own unique qualities and capabilities. This contributes to the formation of healthy self-esteem and self-understanding in children.

It is important to note that gender education should not be limited to simple stereotypes about what men and women should be. It should strive to develop in adolescents flexibility of thinking, the ability to cooperate and empathy regardless of gender.

Gender education should also contribute to a deeper understanding of social equality and justice. Adolescents should learn to respect the rights of others regardless of gender and not to discriminate on the basis of gender.

In a boarding school where teenagers spend most of their time together, it is necessary to form healthy relationships between the sexes in the process of gender education.

Since gender education is an important aspect of the development of adolescents in boarding school, in this subsection we will consider the basic principles and methods of gender education that can be applied in this environment.

The first aspect is the creation of an equal and safe environment for all pupils. It is to ensure that every teenager has the opportunity to reach their potential, regardless of their gender. To do this, it is necessary to eliminate stereotypes and prejudices that may limit the development opportunities of young people. Critical thinking training: formation of the ability to analyze information and make informed choices based on one's own values and principles.

The second aspect is the training of a conscious and emotionally intellectual attitude to gender issues. Teenagers need to be provided with information about different genders, role models of behavior. Teaching relevant knowledge: about the role of men and women in the family and society, about the traditions and culture of their country, about gender equality and discrimination. This will help them better understand themselves and the people around them, as well as promote cultural tolerance.

The third aspect is the formation of positive behaviors based on gender equality. In the boarding school, it is necessary to conduct trainings, seminars and projects aimed at developing communication skills, respect for others and the ability to resolve conflicts without violence, effective interaction in a team. Responsibility training: for their actions and decisions, for caring for loved ones, for fulfilling their duties. It is also necessary to create conditions for teenagers to communicate with representatives of both sexes and to look for opportunities for the exchange of experience and knowledge between them.

The fourth aspect is the inclusion of all teachers in the process of gender education.

It is also important to take into account the characteristics of each teenager: his interests, needs and opportunities. For example, if a teenager shows an interest in cooking, he can be given the opportunity to cook lunch for everyone at the boarding school and explain what roles men and women can perform in this process.

To prepare boarding school teenagers to fulfill gender roles in the family, the teacher-psychologist needs to carry out the following activities:

1. Work with teenagers to form an understanding of their role in the family and society.
2. Organize group classes on family problems and relationships between its members.
3. Teach teenagers communication skills, establishing trusting relationships with other people.
4. Conduct individual consultations to eliminate personal problems related to the implementation of gender roles.
5. To provide support and assistance to adolescents in preparing for a future life in the family, taking into account the peculiarities of their character and development.
6. To develop a program in advance so that at all stages of the process, the sequence of work was performed, and the result was achieved.

The purpose of the above activities is to prepare boarding school students to fulfill the role of full-fledged members of their families in the future. This will allow them to adapt better in society and successfully cope with their functions and responsibilities.

Practical methods of gender education of adolescents in boarding school are an integral part of the formation of a full-fledged personality of each child. They are aimed at developing adolescents' understanding of their own gender roles, as well as overcoming stereotypes and norms related to gender.

One of the methods is conducting informational lectures and trainings. In such classes, teenagers are invited to discuss topics related to gender relations and equality between men and women. The guys are given the opportunity to speak out on these issues, as well as ask questions to a specialist.

Another method is the organization of game situations that help teenagers realize their gender perceptions. For example, you can hold a role-playing game "Make a choice", where children are offered various situations that require decision-making taking into account gender aspects.

Also an important method is to create conditions for the active participation of adolescents in projects related to gender issues. For example, you can organize a contest for the best story or video dedicated to the problems of the difference between the sexes.

In general, the preparation of boarding school adolescents to fulfill gender roles in the family should be based on the development of personal qualities, social skills and knowledge, and not on the creation of rigid patterns of behavior or the establishment of rigid gender stereotypes.

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