## HOW TO IMPROVE READING

# Maftuna Khamidova

Faculty of Turism Chirchik state pedagogical university
Uzbekistan Chirchik

#### **Abstract**

Bu maqola orqali ingliz tili oʻrganishdagi aspektlardan biri hisoblangan oʻqishni rivojlantirish hamda tez oʻqish paytida tushinishni oshirish va uning foydalari haqida.

### Abstract

This article is about the development of reading, which is one of the aspects of learning English, and the benefits of increasing comprehension during rapid reading.

**Keywords:** comprehensive reading, benefits, time, new words, searching keywords, main idea, skills, level.

### INTRODUCTION

In a modern world we know that one of the main aspects of learning English the learner could understand to reading parts and being skillful for this ability. Without this ability the learner could not understand and do not know the meaning conversation with this part. Reading is a skill that most people take for difficulties, and reading texts moreover the act of understanding is a complex and interactive process. You can develop many skills by reading. For example, the more you read, the better your vocabulary and listening become increase. In addition, it gives good benefits in the currently IELTS exams too. As you know there are many innovations in increasing reading and now students are faced with many problems to improve this skill, obviously the learners wasting their time on unnecessary and time-consuming methods, which is very worth.

### **METHODOLOGY**

Fluency was first developed for English learners in India and French also German learners in the United States. It is also promoted in England for students with low language ability and it also emphasizes writing skills. Moreover, in 1840, Martimer Adler's book called "How to Read a Book" mentions the SPE method. To use this method, you must first determine the structure of the text and create an order in your mind or on paper. In addition, there are several ways to study.

- Learning the new words
- Reading the article and texts
- Putting the time
- Searching keywords
- Understanding the main idea

As a result, to develop reading skills, you first need to read a lot, and this must be continuously. That is, you should include reading in your daily habits, and it is advisable to spend at least 15 to 30 minutes on reading a day. Also, reading by the minute is a very effective and useful way to increase your reading speed. What is more, another effective well-known method of **specifying keywords**. In this method, you define keywords and use them to search for answers in the text. In order to achieve good results in reading, it is necessary to understand well the meaning of the text and content. In addition, if we know all the words, it will be very useful in reading comprehension. Using these methods, we can effectively and significantly improve your studies. For example, if we approach each method in depth, and every day you will receive one article or text according to your level and you will read 30 articles and texts for 30 days. It will be more effective if you put this method on time and of course without interrupting the continuity.

**Searching keywords** with this method will also improve your vocabulary and reading skills. In this method, you mark new words on your first reading and then you should translate the new words. It will be more effective if you translate the words with the English meaning instead of your own language. Because when a question is asked in reading, it is definitely given with a synonym. **Understanding the main ideas** that is this method is useful in any reading. Especially for those preparing for IELTs. Because some questions of IELTS are answered based on the essence of the content. In this way, you read the text and at the end, you briefly say the content to yourself or make a short note. In addition, you can improve your reading comprehension by asking questions about who, what, where, when, why, based on the text and answering these questions.

Last but not list, it is important that you determine your level before studying. After that, I would recommend that you select books and reading materials in your field of interest that are appropriate for your level. Otherwise, if you choose a text that is above your level, you will feel frustrated and it will be difficult for you to progress. To develop each skill, we must practice and practice again. And we must not stop our consistency. Students who have problems in reading in English should spend at least two hours every day doing various reading exercises. I advised students who want to improve their reading skills and who are preparing to achieve high results in IELTS to read one article or a text related to different topics every day. In addition, we all know that in order to understand reading, it is important to know certain words in it. Therefore, our vocabulary base should be large.

#### REFERENCES

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