

RATIO OF CONSCIOUSNESS, SPIRITUALITY AND WILL IN SOCIETY

Norbo'tayeva Saodat

*Academician of the Ministry of Internal
Affairs of the Republic of Uzbekistan,
Kashkadarya lyceum teacher*

Abstract: this article talks about the ratio of consciousness, spirituality and will

Key words; consciousness, spirituality, will

Will, as the activity of achieving a conscious goal set by a person, is basically a unique component of consciousness. But there is also an irrational layer in the will.

Every person is engaged in a certain activity (economic, social, cultural, political) during his life. This activity is based on a goal. Setting a goal, first of all, comes from the internal and external needs of a person, that is, what a person considers necessary for him, he starts looking for ways to achieve this. This necessity arises consciously and is carried out through will.

The activity of the will in the mind is manifested in determining the purpose of action, determining in advance the means and directions for achieving this goal, coming to a certain decision by pre-imagining the various results of the action, and executing this decision. For example, a parent saves his family budget to enroll his child in a higher education institution and spends it on preparatory courses in a certain subject. Or the necessity of a low-paid low-skilled worker to upgrade his skills and move to another job. A person gives up something in order to achieve his goal, directs his emotions, mind, and all his strength to this goal.

A person is sharply different from other creatures with his conscious activity. It is typical for a person to enjoy the beauty of nature and to change nature, to create comfort for himself, to observe certain rules and norms in mutual relations. All this is done consciously through the medium of will. Unconscious will does not exist. Will exists only in the human world. There is no will in the animal world. Because animals cannot set a conscious goal for themselves. The role of work in the creation and development of consciousness and in strengthening the will is incomparable. Mankind separated from nature only because of his conscious work aimed at a certain goal. It is in labor that consciousness and will participate as a whole system. All material and spiritual products created by mankind are a joint product of consciousness and will. Will has a great influence on the formation of consciousness and consciousness on the formation of will. Any work requires strong will from a person. Will is earned by work. That is why it is necessary to pay great attention to the labor education of our youth. Labor education consists of forming the right attitude not only to physical work, but also to mental work. People engaged in work show important qualities of will such as honor, self-esteem, self-control, courage, determination, patience, endurance and tolerance. And, on the contrary, negative qualities such as arrogance, gratuitousness, laziness, fraud, achieving one's goal even if one deceives others do not appear. His honor and other positive qualities of will do not allow this. "Man is glorified in work." Words such as "work educates a person" were certainly not spoken by our people for nothing.

A. Erkayev, one of our scientists who worked in the field of spirituality, shared his thoughts and opinions about the influence of consciousness and will on each other in the "News of KarDU" magazine. According to him, he states: "Consciousness without will cannot be a complete, integrated system, it remains at the level of inactive perception, and belief is not formed."¹ A person with a weak will cannot use the opportunities created by society. Due to his lack of courage, he is unable to reveal his accumulated knowledge and follows the opinions and instructions of others, even if it is wrong. Such people's creative potential is low. Indecisiveness, losing oneself in a problematic situation, impatience are characteristic of such people. Unwilling people can set high goals for themselves, but leave their realization to chance. Can't do it. Without willpower, a person cannot endure the difficulties of life and quickly succumbs. He blames society or others for his bad luck. Due to the presence of an irrational layer in the will, if it is not combined with spirituality, it will lead to negative rather than positive results. Most of those who enter the path of crime are strong-willed, fearless and risk-taking people. Some of them have a much higher thinking capacity. But there is a flaw in the spirituality of such people. They have strong selfishness, indifference to moral and legal norms, and tolerance towards other people. Irrationality in the will does not always lead to negative consequences. If it is combined with spirituality, it will be a factor of positive self-sacrifice, heroism and bravery. In his book "High Spirituality - Invincible Power", Islam Karimov expresses the following opinion about the relationship between spirituality and will: "We will not be mistaken if we say that as a person's spirituality increases, so does his will. Will is actually a firm belief. A strong-willed person believes in himself and is not afraid to take on any difficult task. That is why you can rely on a strong-willed person. Such people can't look at you indifferently if you have any worries or problems. Without hesitation, he will stand by your side, try to help you as much as he can, and overcome difficulties together with you." ²

Spirituality as a social phenomenon represents a person's attitude to existence, life, nature, society and himself. A person's spirituality is manifested in the fact that a person plants a tree and creates a garden and turns his surroundings into a flower garden, and has a negative or positive attitude towards others. The higher the goal he chooses, the higher his spirituality is, on the contrary, if the chosen goal is dangerous for the society, directed against humanity, his spirituality is also lower.

Spirituality educates the will, shows the will how to act. It acts as an encouragement to the right path. Spirituality helps the will to set the right goal and to choose the best way, methods and means of its implementation. Due to spirituality, the will serves the development of society. In turn, the will is a factor that creates spirituality. Spirituality is formed through voluntary activity. Spirituality cannot be formed without will.

¹ A. Erkayev. QarDU xabarlari ilmiy-nazariy, uslubiy jurnal. Qarshi. 3/2015. 70-b

² Islom Karimov. Yuksak ma`naviyat – yengilmas kuch. T.: "Ma`naviyat", 2010. 123-bet