

## SELF STUDY

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**Annotation:** The article examines efficacious approaches of learning a particular subject individually. We attach importance to functional exercises, tips and substantial encouragement for those who desire to learn the aforementioned science spheres productively, provided with examples.

**Key words:** motivation, time, goals, notes, reviews, intention, schedule

In our fast-paced society, the significance of self study is becoming one of the essential phenomena. This is mainly because; today everyone who wants to improve his skills has a myriad of opportunities to learn individually. For instance: availability of well-developed technologies, internet services, electronic books and practice tutorials for individual learning on social media.

This article, in particular will focus on the activities that should be done during the process of learning individually. In this case, the main part might include a different number of paragraphs. Let us focus on each of them...

Initially, in order to develop the efficiency of studying individually one should keep a weekly and monthly schedule planner. For this the time and energy of individual have to be correctly-made. For instance spending 3 hours for reading per day and frequent break times. It would be productive if one deals enough time for each of his subjects and more time for difficult subjects. And individuals should organize study places that should be very comfortable for studying. They can design their study place with creative pictures, stickers which help to write the most important part of knowledge. Moreover, all needed tools such as notebooks, textbooks, pens, pencils, computer, dictionary, variety of books and others. Student should think only about studying for this there should not be obstructive actions such as phones ringing, doors opening and closing and many others.

One of the best ways to enhance one's knowledge is by using review tools as it makes learning more effective and interesting. For this one should design his own tools. Review tools could be concept maps, study, checklists and some cards. With the help of them student can revise and easily understand study skills.

As we know people who want to study individually should identify their learning channels. They could be visual learner, auditory learner and hands on learner. In this

place we can mention some tips for each of these learners. Firstly, visual learners ought to visualize what they are studying, have tools such as colorful pens, highlighters. They could learn by drawing pictures that are related to their subject, using mind maps and learn with the help of creative slides, videos. If we mention about auditory learners, they could learn easily by listening to productive post casts, reading out loud, having debates with their friend on particular subject and many other. As a hand on learner should use hands in order to write notes and tips, move around the room while studying, experiment with objects, should revise their topic on the process of working out or walking and the most significant is to be physically active. By conducting these rules one could achieve great results in studying.

There might be some tips for individuals who prefer self study.

1. Setting pragmatic goals
2. Maintaining study environment
3. Watching videos related to the subject
4. Assessing learning recourses
5. Learning what works for you and collaborating with other learners.

Now let us involve each of them. Initially, setting goals helps people to focus and enhance the productivity while gaining new knowledge. For instance, when wanting to learn foreign language, one should invest some time in this language. It might be writing article, reading poetry or listening foreign songs. In order to maintain learning environment, one should sit in front row for focusing his subject ,take notes with the help of highlightrs, and paper instead of mobile devices and keep silence. Individuals may use creative pictures or papers which have verious motivations on it. Watching videos has always high results according to its interesting contents. When people watch the topic that they need, they could visualise the process and could think deeply on it. By this they could listen the advices, opinions and motivations of other learners. During the process of learning students should assess learning resources. This is because unlike traditional classroom learning studying individually could be sporadic process which does not follow a strict plan and syllabus. They should focus only needed and productive information but not outdated or incorrect information. Moreover, people may use academic databases like Google Scholar, scientific journals or books. The effective method while studying is using online learning platforms. As they hone creativity of individuals. As mentioned above people should contact with each other while studying. For instance it could be their friends or people who are learning the same direction.

In today's world, there are myriad of books for self-study learners. Every learner could find effective books which are related to their spheres. Thus it may be very advantageous side of it. Additionally, there could be plethora of merits of self study.

- 1) Self study might be more entertaining than regular teaching.

- 2) It provides students with freedom of learning.
- 3) It makes learners more responsible and self-confident.
- 4) There will not be fear of criticism
- 5) Students could focus their loved subjects

On condition that one is learning individually, he will have the opportunity of opening the doors of gaining greater knowledge and he might not have to sign up for a traditional course or may not need the help of tutors. One main thing is studying harder with confidence in order to make one's dreams into reality.

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