

FORMATION OF MORAL AND MORAL EDUCATION OF FUTURE PHYSICAL EDUCATION AND SPORTS TEACHERS

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This article considers the role of physical education in circle classes to the spiritual upbringing of the students in Higher Educational institutions.

In the years of independence, like all other spheres, attention is paid to education in our country. In particular, all the joints of education are being radically rebuilt in a modern way. After All, Our President Sh. The tasks set by Mirziyoyev in the appeal to the Oliy Majlis indicate that more attention is paid to this area. In particular, one of the important tasks of Uzbekistan at the current stage of the higher pedagogical education process is to improve the quality and effectiveness of primary education.

In carrying out this emphasis, it is necessary to prepare future teachers who are studying in the direction of future physical education and sports at a high level in all universities .

Especially in extracurricular activities, the meaningful Organization of the free time of students and the upbringing of them from moral and moral values remains one of the urgent tasks of today.

In fact, spiritual and moral education expresses the content of spiritual views, moral qualities, improvement of social relations, formed in the mind, soul and soul of future teachers. Because in this issue it will be necessary to speak in the circle of development or improvement in the process of higher pedagogical scientist education. In this regard, extracurricular activities in the preparation of future physical education and sports teachers attract attention with their theoretical and practical capabilities.

It is autumn that the following types of extracurricular activities are effective.

- a) Darsochagimnastika;
- b) entertaining sports games;
- c) Sports;
- d) holidays;
- e) competitions;
- f) meetings.

Moral and moral upbringing in these processes should be based on the program of a particular plan.

The teacher should approach this issue separately and have his own work and modules.

In extracurricular activities, the following characteristics will be acquired in the spiritual and moral education of students::

- 1) physical maturity
- 2) to instill spiritual consciousness
- 3) content of moral culture [3,46]

Physical, spiritual and moral perfection forms the basis of spiritual and moral education of future physical education and sports teachers.

Therefore, these foundations determine the content, purpose and provisions of spiritual and moral educational work, which are organized in extracurricular activities. Physical, spiritual, conscious to be the basis of a moral culture is based on a set of pedagogical factors. [3,48]

The organization of moral and moral education of future physical education and sports teachers in extracurricular activities relies on these methods:

- 1) redirection
- 2) organization
- 3) skills

Such cultivation is based on the orientation of the students to the ideal goalsprovisions, "improvement", development of their moral, moral and social qualities, and the adaptation of which is armed with the observance of the rules of spirituality and morality. It is often not forgotten when the formation, content finding, development is spoken of in the gang, and this approach corresponds to the general secondary and secondary special stages of Education.[4] therefore, focusing on the issues of orientation, improvement and acclimatization to the stages of higher pedagogical education, in our opinion, gives the expected effect.

The teacher of Physical Culture and sports is obliged to show an example in the matter of spirituality and morality. Because the peculiarity of this sphere is unique, according to which masters of sports and teachers of Physical Education show a lesson in the matter of spirituality and morality. Therefore, it will be necessary to make rational use of the opportunities of such a type of meeting of extracurricular activities. For example, the winner of the "sign of Uzbekistan" Fida referent Rovshan Ermatov is one of the Masters and coaches of sports, who will be an example in the matter of spirituality and morality. Observations show that in his spiritual and moral appearance there are the following aspects:

- Knowledge;
- Professional maturity;
- Modesty;
- Baseness;

- Engage in wisdom on your own;
- To be in the same relationship to the Big Little One;
- Self-management;
- Only forward aspiration...

Communicating with such a person, the study of his achievements and shortcomings is beneficial for future teachers. From a certain point of view, spiritual and moral education is necessary to carry out on the basis of concrete and Real examples.

After all, in addition to the audience, the organization of spiritual and moral education in training should not neglect the indicators either. It should be noted in this place that the following three of the indicators attract attention: 1) conditions; 2) environment; 3) Control.

It is important to create conditions in the organization of spiritual and moral education in extracurricular activities. For this:

- Rational use of existing situation, situation and opportunities;
- Determination of spiritual and moral educators;
- To be on the move to take advantage of every opportunity;

Attention is paid to spiritual and moral education is the foundation of Physical Culture. Pay attention (1-th drawing)

This approach allows future specialists to be brought up spiritually and morally to an embedded level.

The environment is the foundation of spiritual and moral education. It is necessary to pay attention to this:

- Deal with students individually;
- Organize open, free and transparent communication;
- To make achievements rationally and reform the shortcomings;

The control indicator of the organization of spiritual and moral upbringing relies on the following:

- Development of moral and moral qualities of students;
- Content of individual moral and moral images of students;
- It consists in monitoring the morale of students and the level of morality.

In the place of the conclusion, it should be said that the high level of training of teachers studying in the direction of the upcoming physical education and sports and training them morally and morally in extracurricular activities attract attention with their own characteristics. It is a necessity to continue the research work in this regard.

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